



ST. ANASTASIA CATHOLIC CHURCH

FIRST SUNDAY OF LENT

MARCH 6, 2022

SERVE



*“You shall worship the Lord,
your God, and him alone
shall you serve.”*

LUKE 4:8

PASTOR

Rev. Leszek Semik

ASSOCIATE PASTOR

Rev. Innocent Nzewuji

PRIEST IN RESIDENCE

Rev. Msgr. Gregory Cox

BUSINESS MANAGER

Fred Balsz

WEEKEND MASSES

Saturday: 5PM Vigil

Sunday: 7:30AM, 9AM,
11AM, 5PM

DAILY MASSES

Mon, Wed, Fri: 6:30AM
8AM

Tues, Thu, Sat: 8AM

RECONCILIATION

(PENANCE)

Wednesdays: 5:15 - 5:45PM

Saturdays: 3:30 - 4:45PM

PARISH OFFICE HOURS

Mon-Fri: 8:30AM - 4:30PM
(CLOSED WEEKENDS)

7390 W. Manchester Ave
Los Angeles, Ca 90045
(310) 670-2243

ST-ANASTASIA.ORG

 **@St.Anastasia90045**

GOSPEL MEDITATION

One of the greatest temptations human beings face is leaving the truth of who they are, where they came from and who created them in pursuit of more personal satisfactions. When we consider all that desires our attention in a given day, there are many lures that attract us to illusions about ourselves. We can easily find ourselves distracted or tired, preoccupied with preserving our status in life, social relationships, current trends, and corporate demands, and intrigued by pursuing what we perceive to be the “path of least resistance.” The daily concerns of life can quickly take our eyes off of our truth, making the empty promises of worldly accomplishments and ideologies seem so attractive. What is at risk in giving into this temptation?



We cease giving thanks to and worshipping our Creator as we pursue our own self-sufficiency, power, and prestige. We replace the true God with a “pet” one. While many do not totally dismiss the idea of God and pretend to remain at least remotely connected, they do not invest themselves heart, mind, and soul in the relationship either. That is why we are so easily swayed. If something attractive comes along, we lunge for it. After all, having a position above and over everyone else is a good thing, isn't it? In more honest moments, many have to admit that they believe this to be true. The Evil One is very convincing. But he can only gain control if we allow him to.

About temptation, St. Basil remarks, “As the pilot of a vessel is tried in the storm, as the wrestler is tried in the ring, the soldier in the battle and the hero in adversity, so is the Christian tried in temptation.” And here is found the reason for Lent. It is a wonderful opportunity to get a handle on the attractive lures of illusion that easily captivate us and bring us off track. It is also a time for some honest reflection rooted in prayer, fasting, and selfless giving that can bring us to temptation's remedy: love. Love of his Father gave Jesus resistance. It can do the same for us.

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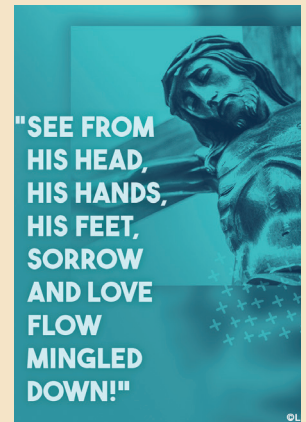
FILLING THE BASKET THIS LENT

Lent calls us into deeper everyday stewardship because it beautifully creates opportunities to be mindful of the call of Christ in even the most mundane moments of our day.

Many of us will participate in the time-honored tradition of doing penance, or “giving something up” for Lent. When we do this, we are mimicking the Israelites who filled their baskets with the first fruits of their harvest, “and having set them before the Lord, your God, (bowing) down in his presence” (Deuteronomy 26:10).

What are we going to bring before the Lord this Lent? What are our first fruits?

If you're struggling with ideas for how to “fill your basket,” it can help to come at the problem from the opposite side. Take a look at the six characteristics of Everyday Stewardship and think about the moments in your day when you fail to fulfill the virtues to which they call you.



What is keeping you from being mindful of the call of Christ throughout your day? I promise you, if you listen, you'll hear it more than once.

What is keeping you from being prayerful? When you have set your first fruits before the Lord, what keeps you from bowing down in His presence to finish the offering?

What keeps you from being grateful — especially of the small things that so often go unnoticed?

What keeps you from being gracious, from leaving people smiling as they walk away?

What keeps you from being committed and accountable? Where do your excuses come from and what makes you indulge them?

— Tracy Earl Welliver, MTS

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MASS INTENTIONS, WEEKLY READINGS, & MASS CELEBRANTS

DAILY PRAYERS

PERSONAL PRAYER IN THE CHURCH

The Church is open every day

MONDAYS & FRIDAYS: 6AM - 5PM

TUESDAYS & THURSDAYS: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

DIVINE MERCY CHAPLET + ADORATION

In the Church - Wednesdays at 5PM

DAILY ROSARY

Monday-Saturday

Following after all 8AM Masses

And after 6:30AM Masses on

Mon., Wed., and Fri.



SACRAMENTAL PREPARATION

BAPTISM:

Parents and Godparents are required to participate in a pre-Baptism Preparation Course through the Los Angeles Archdiocese at www.LaCatholics.org/baptism. Call the Parish Office for more information at 310-670-2243

FIRST RECONCILIATION & HOLY COMMUNION

Please contact Nivita Aldrede-Brito (DRE)
Cell/Text: 310.614.7520 or Email: Nivita007@st-anastasia.org

HIGH SCHOOL CONFIRMATION:

Please contact Dianalee Dupree
Call: 310-670-2243 Ext. 51 or Email: DDupree@st-anastasia.org

Adult Baptism, Confirmation and Eucharist (RCIA):

More on becoming Catholic contact Nivita Aldrede-Brito (DRE)
Cell/Text: 310.614.7520 or Email: Nivita007@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family.
Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones.
Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERALS:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ♦ Anniversary ♥ Memorial †

SUNDAY, March 6: First Sunday of Lent

Dt 26:4-10; Ps 91:1-2, 10-15; Rom 10:8-13; Lk 4:1-13

7:30 AM - Kelly Mallen Pulos ★

9 AM - Rosemary Conolly ★

11 AM - St. Anastasia Parishioners ♦

5 PM - Wesley Askea ★

MONDAY, March 7: Ss. Perpetua and Felicity

Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46

6:30AM - Richard Wheeler, Sr. †

8 AM - Mark Hennessy ♦

TUESDAY, March 8: St. John of God

Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15

8 AM - Roza Awwad ♦

WEDNESDAY, March 9: St. Frances of Rome

Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32

6:30 AM - Tom Hawks ♦

8 AM - Aleida Rodriguez ★

THURSDAY, March 10:

Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12

8 AM - Helen Mallen †

FRIDAY, March 11: Abstinence

Ez 18:21-28; Ps 130:1-8; Mt 5:20-26

6:30 AM - Michael Capulong ♦

8 AM - Tommy Martinez †

SATURDAY, March 12:

Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

8 AM - Bonnie Williams Hawks ♦

5 PM - Abner & Esperanza Daland ††

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM	Fr. Leszek Semik
SUN: 7:30AM	Msgr. Gregory Cox
SUN: 9AM	Fr. Leszek Semik
SUN: 11AM	Fr. Leszek Semik
SUN: 5PM	Fr. Innocent Nzewuji

First Reading – The Lord made a covenant with his faithful servant, Abram, saying, "To your descendants I give this land" (Genesis 15:5-12, 17-18).

Psalms – The Lord is my light and my salvation (Psalm 27).

Second Reading – We await the Lord Jesus, who will change us to conform with his glorified body (Philippians 3:17 – 4:1 [3:20 – 4:1]).

Gospel – Peter, James, and John witness the transfiguration of Jesus on the mountain (Luke 9:28b-36).

FAITH FORMATION

FAITH @ HOME

HEAR

Grab your Bible and look up the Gospel reading
[Gospel - Luke 4:1-13](#)

PRAY

Take a moment of silence to reflect on the Gospel words. Jesus remind us that:

“One does not live on bread alone.”

“You shall worship the Lord, your God, and him alone shall you serve.”

“You shall not put the Lord, your God, to the test.”
What is keeping you from Jesus right now?

In what parts of your life might you be feeling lonely?
Invite the Holy Spirit to fill that space of loneliness.



TALK

What is Jesus referring to when he says “One does not live on bread alone”? In what ways can we feed our soul? When have you felt like you have been in a desert and how have you encountered Jesus in this moment? Consider one of these activities to do as an individual or family:

- Visit the Blessed Sacrament at least once this Lenten season and give your needs and concerns to Jesus.
- Consider participating in the Reconciliation Service at your parish with your whole family.

RCIA PROGRAM



Congratulations to our Catechumens William Jensen and Anthony Barrillas, as they present themselves in front of Archbishop Gomez and accept their final stage of preparation as they continue their journey to celebrate the Sacraments of Initiation during our Easter Vigil.

KIDS' CORNER

THE LORD IS CLOSE TO THE BROKENHEARTED; AND THOSE WHO ARE CRUSHED
IN SPIRIT HE SAVES.

PSALM 34:19



Paul and Dan were best friends. They walked to school together, traded baseball cards and helped each other with class projects.

Then Dan moved far away. Paul was heartbroken. “You can have one of my happy cards,” his little sister Rosy said, handing Paul a prayer card. It showed Jesus surrounded by children. This was Rosy’s favorite card! Paul was surprised that Rosy loved him so much. Her kindness cheered him up a little.

God comforts the broken hearted through people like you. When you care about the sorrowful, God is present with you in a special way.

**GOD, HELP ME BRING YOUR LOVE TO
THOSE WHO ARE SAD.**

From the book entitled “Living Faith Kids” by Imprimatur Bishop Mark S. Rivituso

DID YOU KNOW?

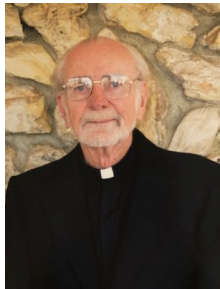
March 5-6 || Check your car seats

Parents are — rightly — focused on car seat safety from the minute they bring their children home from the hospital. But as children grow up, things change. They get taller, they weigh more, the family may change cars

or add siblings. It is important to periodically check your car seats and make sure they are still safe for your children’s current ages, weights, heights, and the vehicle they ride in. For a quick list of starter questions, get a copy of the VIRTUS® article “Car Seat Safety” at lacatholics.org/did-you-know/.



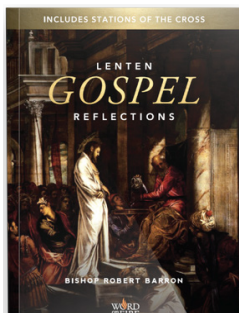
FATHER THOMAS KING FUNERAL INFORMATION



Father Thomas King's Funeral will be held at —
St. Anastasia Catholic Church on March 12th at 11AM. The Funeral Mass is open to the community. The interment will be private. Please reach out to the Parish Office for any more information.

LENTEN SEASON 2022

Lenten Season is here! We still have some copies left of **Lenten Gospel Reflections book by Bishop Robert Barron.** Please stop by the Parish office to pick up your copy. Please be mindful to take only (1) copy per family.



Lenten Simple Meals (formerly Simple Soup) will be back this year on **Wednesdays** throughout the Lenten Season beginning on **March 9th.** We look forward to coming together in Pastor's Plaza. In order to make this a success, we invite the leaders of our ministries to consider hosting one week. Volunteers willing to host, please reach out to Fred Balsz and Dianalee Dupree (fbalsz@st-anastasia.org & ddupree@st-anastasia.org)

FLOCKNOTE

Flocknote is a communication tool that we have been testing across various ministries, since the Fall. It allows us to more effectively communicate with you and your family through text or email. With Flocknote, you choose what information to receive regarding events happening at St. Anastasia. Join today by texting our keyword **STACHURCH** to **84576.**



STATIONS OF THE CROSS

Live Walking Stations of the Cross

Join our SRE team every **Saturday at 3:00 PM** during Lent as we walk together, pray, and meditate guided by the Lenten Reflections from Pope Francis. In his message for Lent 2022, Pope Francis calls on the faithful to "renew our faith, draw from the living waters of hope, and receive with open hearts the love of God." This is something for the entire family.



KNIGHTS OF COLUMBUS



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FISH FRY DINNERS!



When: EVERY March Friday (4, 11, 18, & 25)

Time: 5:30pm – 7:30pm (or until we're out!)

Where: Knights of Columbus Hall
8049 W. Manchester Ave, Playa Del Rey

How: call 310-821-2324 for a Take-out Order

Meal: Your choice of Alaskan Cod or Shrimp,
One side (baked potato, fries, or onion rings),
Cole Slaw and a Dinner Roll!
Adults \$13.00 & Children \$8.00

Dinner proceeds benefit our Scholarship Program
Parking in the Rear Credit Cards Accepted

BULLETIN UPDATES

If you have any announcements for the bulletin, please email bulletin@st-anastasia.org.

Mar. 20 bulletin content: Due Thursday Mar. 10
Mar. 27 bulletin content: Due Thursday. Mar. 17

BEYOND OUR PARISH

#PRAY40 CHALLENGE

Join the two most famous and powerful portrayals of Jesus Christ in our lifetimes, in prayer and meditation in Lent #Pray40! Only available on the Hallow App



RESPECT LIFE



March 2-April 10
40 DAYS FOR LIFE

HELP SAVE LIVES IN LAWNDALE

You can protect mothers, fathers, and children by joining this worldwide mobilization. Through **prayer and fasting**, **peaceful vigils** and **community outreach**, 40 Days for Life has inspired 1,000,000+ volunteers in 63 countries. [Your presence on the sidewalk matters!](#)

With God's help, here are the proven results:

- 20,000 babies saved from abortion
- 200 abortion workers converted
- 100 abortion centers closed

Here's how to take part:

- **Vigil location:** Outside Planned Parenthood South Bay
14623 Hawthorne Blvd, Lawndale, CA 90260
- **Vigil hours:** 7 am to 7 pm daily
- **Local contact:** Teressa Syta, 310-592-4213
40Days4LifeLawndale@gmail.com

Learn more and get involved by visiting our campaign at:

40daysforlife.com/Lawndale

CHRISTUS MINISTRIES



Join Christus Ministries for a fun and relaxing day to explore how ordinary, everyday experiences can be ways of encountering God. The day includes a family-friendly Sunday

Vigil Mass, parent and children tracks, as well as opportunities for each family to enjoy quality time together.

When: Saturday, March 26 @ 9:00am - 3:30 pm
* Optional Sunday Vigil Mass & dinner to follow (4-6 pm)

Where: Jesuit Novitiate of the Three Companions: 10775 Deshore Place, Culver City, CA 90230

Cost: \$100/family (see options below) | \$103 (with PayPal fees)

* Includes 3 meals, snacks, all materials and equipment per person.

Check: Payable to Christus Ministries mailed to P.O. Box 4525, Culver City, CA 90231
Please input **Family Day** in memo of payment.

Registration: Space is limited. Please register (one per family) using the button below by March 18 to help us plan for you and your family.

HEART OF JESUS RETREAT CENTER

Lenten Retreat for Adults

Rich in Mercy

Tuesday, March 15th 6:30 pm – 9 pm Or

Wednesday, March 16th 9:30 am – 12pm

In-person or Virtual

Sign up now. Registration is online.

<https://joyfulapostolate.org/lent-retreat/>

Suggested donation \$25.00

Please register by March 11th. In-person space is limited.



Heart of Jesus
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2927 S Greenville St. Santa Ana, CA 92704

714-557-4538 RetreatCenter@sacredheartsisters.com



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ST. ANASTASIA CATHOLIC SCHOOL

8631 S. Stanmoor Drive
Los Angeles, CA 90045
310-645-8816 Office



PASTORAL TEAM

Pastor:	Fr. Leszek J. Semik
Associate Pastor:	Fr. Innocent Nzewuji
Priest in Residence:	Msgr. Gregory A. Cox
Business Manager:	Fred Balsz
Parish Secretary	Nora Jayne Mallen
Parish Office Assistants:	Theresa Reilly
Director of Religious Education:	Nivita Aldrete-Brito
Director of Music Ministry:	Kate Comstock
Confirmation/ Bulletin Editor:	Dianalee Dupree
School Principal:	Angelica Krestin
School Office Manager:	Louise Lance
School Office Assistant:	Linda Schmidt
School Bookkeeper:	Pauline Diaz
Campus Safety:	Ken Lance
Maintenance:	Erik Melchor
Consultative School Board:	Dianalee Dupree
PTO-Parent Teacher Organization:	Vickie Farmer
ADESTE (After School Program):	Ofelia Jimenez

J.S.Paluch - Anthony Leoni
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PARISH LIFE MINISTRIES

- Funeral Arrangements**....670-2243
- Companions on the Journey**
Sue McLaughlin &
Lidia Vinci.....670-2243
- Young Adult Ministry**
Nancy Albin.....927-8891
- Prayer Group**
Lori Mountain.....502-9105
- Rosary Ministry**
Rose De Leonardis.....645-7175
Ben Oakley.....670-2771
- Respect Life**
Teresa Syta.....670-0285
- Safe Guard the Children**
Ken Lance.....670-2243
- Homeless Weekend Program/
St. Robert's Center**
Parish Office.....670-2243
- St. Margaret's Center**
Mary Agnes Erlandson....672-2208
Senobia Nelson.....291-3047
- Catholic Charities**
Cindy Begazo.....306-9390
- Bundles for Babies & Diaper
Drive**
Teresa Syta.....670-0285
- Nurses Ministry**
Linda S. Absher.....645-6136
Angie Tolentino.....351-6137
- Men's Morning Hour**
.....670-2243
- MOMS Ministry**
Maria Reilly.....382-7971
- Bible Study**
Carolyn Godlewski.....670-2243
Email: ScriptureStudyStA@gmail.com
- Social Ministry**
Laurette Bibeau.....670-2488
- Family Visitation Ministry**
Sr. Teresita.....216-2001

PARISH ORGANIZATIONS

- Parish Finance Council: David Mora.....670-2243
- Pastor Pastoral Council: Christopher Kaczor...670-2243
- Site Committee: Stefan Politz.....337-9534
- Men's Club: Chris Turkmany.....200-8021
- Knights of Columbus.....821-2324
- Arts and Education: Andy Kozlowski.....670-3152

LITURGICAL MINISTRIES

- Ministry of the Eucharist: Linda Schmidt.....397-5691
- To the Home Bound.....670-2243
- Ministry of the Word: Carl Pentis.....649-4238
Antoinette Luxford.338-1140
- Ministry of Music: Kate Comstock.....670-2243
MusicMinistry@st-anastasia.org
- To Volunteer as an Usher: Parish Office.....670-2243
- Courtyard Hospitality: Sr. Teresita.....216-2001
- Altar Care: Rose De Leonardis..645-7175
- Altar Server Committee: Herb Masi641-2819
Mary Paquin502-6653

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