ST. ANASTASIA CATHOLIC CHURCH

THE MOST HOLY BODY AND BLOOD OF CHRIST



THE MOST HOLY BODY AND BLOOD OF CHRIST

They all ate and were satisfied. - Lk 9:16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

JUNE 19, 2022

PASTOR Rev. Leszek Semik

Associate Pastor Rev. Innocent Nzewuji

PRIEST IN RESIDENCE Rev. Msgr. Gregory Cox

DEACON Jose "Joe" Viola

Business Manager Fred Balsz

WEEKEND MASSES Saturday: 5PM Vigil Sunday: 7:30AM, 9AM, 11AM, 5PM

Daily Masses Mon, Wed, Fri: 6:30AM 8AM Tues, Thu, Sat: 8AM

RECONCILIATION (PENANCE) Wednesdays: 5:15 - 5:45PM Saturdays: 3:30 - 4:45PM

Parish Office Hours Mon-Fri: 8:30AM - 4:30PM (CLOSED WEEKENDS)

7390 W. Manchester Ave Los Angeles, Ca 90045 (310) 670-2243 **St-Anastasia.org**



INSPIRATION FOR THE WEEK



Good dietitians will remind us that we are not only the product of what we eat but the disciplines we undertake. Many people spend a great deal of time and effort eating a healthy diet, getting a sufficient amount of rest, and engaging in regular exercise. Experts tell us that attending to these increases our chances for a longer life. While this is certainly a worthy pursuit, is our earthly life really

the one that requires the most attention and effort? Faith kicks in to remind us that we are meant to live forever with God. Hence, isn't it our eternal destiny that requires most of our effort and attention? The food and nourishment we need to achieve this goal and fine tune our souls for this promised inheritance are the Body and Blood of Christ. Only this heavenly sustenance will unite us with God and our brothers and sisters, strengthen us to do what the Gospel asks us to do and prepare us for life eternal. Through the discipline of prayer, our desire to receive our Lord is deepened. It is this yearning, above anything else, that we want clearly seen and front and center when we close our eyes in death. God loves us so much that he gave us his only begotten Son. Let us rush to receive him!

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PARISH OFFICE CLOSED JUNE 20TH



Juneteenth will be observed on **June 20th** this year. Our Parish Office will be closed for this Federal Holiday.

The historical legacy of Juneteenth shows the

value of never giving up hope in uncertain times. People in our day suffer unjustly simply because of the color of their skin or their national origin. Let us "Open Wide our Hearts," acknowledge the sin of racism and work to combat it in our social structures, our institutions, and our hearts.

FLOCKNOTE

Flocknote is our communication tool. It allows us to more effectively communicate with you and your family through text or email. You choose what information

to receive regarding events happening at St. Anastasia. Receive the digital bulletin, ministy updates, and more! Join today by texting our keyword STACHURCH to 84576.



GOSPEL MEDITATION

Jesus went to those most in need. He forgave the sinner, ate with the outcast, defended, and fed those who were poor and hungry. He worked for true justice, risked being unpopular, willingly accepted suffering and death, and always stayed connected with his Abba, Father. Jesus also consistently reminded folks that God's compassion, love, and mercy trump everything, even the law. This is the Christ that the Eucharist calls us to be. As we look around our churches, our towns and cities, and our world, there are many people who need to see the face and body of Christ. Some of those most in need may be right within our families. But it is always in the poorest of the poor and those most vulnerable that we find the greatest need. There are many who cannot function on their own. When the gift of the Eucharistic Christ takes root in our hearts, we can more readily see the face of Christ in others.

Many people are vulnerable. Highest on that list are the homeless. They show us the face of Christ. Whatever the

cause, to have no place to go and no place to call home takes a toll on the human spirit. For Jesus when there were hungry people, they were fed. God asks us to do the same ...



feed people. There are many who are hungry physically, emotionally, and spiritually. Gifted by the Eucharistic presence of Christ, we can bring them Christ. Who are the hungry around us and how can we feed them?

When someone is hurting, you comfort them. When someone is hungry, you feed them. When someone needs clothes, you provide them. When someone is cold, you warm them. When someone is in prison, you visit them. With over a million people who are homeless and over a quarter of them children, it is important to ask the question, "why?" and strategize for ways to lessen or alleviate the problem. Nevertheless, we are not off the hook for responding to the immediate needs that present themselves at our doors. Whether a person's current station in life is self-imposed or the result of being victimized, they are sacred vessels. We cannot lock the door and send them away and still believe we bear the Eucharistic presence of Christ. It doesn't work like that

BULLETIN UPDATES

If you have any announcements for the bulletin, please email **bulletin@st-anastasia.org.**

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July 3 bulletin content: Due Thursday, June 23 July 10 bulletin content: Due Thursday, June 30

MASS INTENTIONS, WEEKLY READINGS, & MASS CELEBRANTS

DAILY PRAYERS

PERSONAL PRAYER IN THE CHURCH

The Church is open every day

Mondays & Fridays: 6AM - 5PM

Tuesdays & Thursdays: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

DIVINE MERCY CHAPLET + ADORATION In the Church - Wednesdays at 5PM

DAILY ROSARY

Monday-Saturday Following after all 8AM Masses And after 6:30AM Masses on Monday, Wednesday and Friday



SACRAMENTAL PREPARATION

BAPTISM:

Parents and Godparents are required to participate in a pre-Baptism Preparation Course through the Los Angeles Archdiocese at www.LaCatholics.org/baptism. Call the Parish Office for more information at 310-670-2243

FIRST RECONCILITION & HOLY COMMUNION Please contact Nivita Aldrede-Brito (DRE) Cell/Text: 310.614.7520 or Email: Nivita007@st-anastasia.org

HIGH SCHOOL CONFIRMATION:

Please contact Dianalee Dupree Call: 310-670-2243 Ext. 51 or Email: DDupree@st-anastasia.org

Adult Baptism, Confirmation and Eucharist (RCIA):

More on becoming Catholic contact Nivita Aldrede-Brito (DRE) Cell/Text: 310.614.7520 or Email: Nivita007@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones. Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERALS:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

MASS INTENTIONS & READINGS FOR THE WEEK

Birthday ★ Support ◆ Anniversary ♥ Memorial ↔ SUNDAY, June 19: The Most Holy Body and Blood of Christ, Father's Day Gn 14:18-20; Ps 110:1-4; 1 Cor 11:23-26; Lk 9:11b-17 7:30 AM – Michael Winter ◆ 9 AM – C.J. Cambre and John Connolly, Sr. ↔ ↔ 11 AM – Father's Day Novena

5 PM – Patricia Rangel 🔂

MONDAY, June 20:

2 Kgs 17:5-8, 13-15a, 18/Ps 60:3, 4-5, 12-13/Mt 7:1-5 6:30AM – Father's Day Novena

8 AM – Grace Nuno 🕆

TUESDAY, June 21: St. Aloysius Gonzaga, Religious 2 Kgs 19:9b-11, 14-21, 31-35a, 36; Ps 48:2-3ab, 3cd-4, 10-11; Mt 7:6,12-14

8 AM - Father's Day Novena

WEDNESDAY, June 22: Sts. John Fisher, and Thomas More 2 Kgs 22:8-13; 23:1-3; Ps 119:33, 34, 35, 36, 37, 40; Mt 7:15-20

> 6:30 AM – Father's Day Novena 8 AM – Joe Urso ₽

THURSDAY, June 23: The Nativity of St. John the Baptist Is 49:1-6; Ps 139:1-3, 13-15; Acts 13:22-26; Lk 1:57-66, 80

> 8 AM – Father's Day Novena Augusto Izguierdo 🔂

FRIDAY, June 24: The Most Sacred Heart of Jesus Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11; Lk 15:3-7

> 6:30 AM – Father's Day Novena 8 AM – Quincy Urso 🕏

SATURDAY, June 25: The Immaculate Heart of the Blessed Virgin Mary Lam 2:2, 10-14, 18-19; Ps 74:1b-7, 20-21; Lk 2:41-51

> 8 AM – Elsie Davidson ★ 5 PM – Father's Day Novena

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM	Fr. Innocent Nzewuji
SUN: 7:30AM	Fr. Innocent Nzewuji
SUN: 9AM	Msgr. Gregory Cox
SUN: 11AM	Fr. Innocent Nzewuji
SUN: 5PM	Msgr. Gregory Cox

First Reading— The LORD tells Elijah to anoint Elisha as prophet to succeed him (1 Kings 19:16b, 19-21).

Psalm— You are my inheritance, O Lord (Psalm 16).

Second Reading— Use your freedom in Christ to serve one another through love (Galatians 5:1, 13-18).

Gospel— While journeying to Jerusalem, Jesus speaks of the costs of discipleship (Luke 9:51-62).

FAITH FORMATION

VACATION BIBLE SCHOOL



VBS will be back this year! We will have two weeks to choose from for all children ages 3-10. Children will be split into two tracks/groups of 3-6yrs. and 7-10yrs. old

Registration for VBS will take place in Diamond Courtyard after our Sunday morning Masses until spaces fill up.

Contact DRE, Nivita Brito, for more information at nivita007@st-anastasia.org

Jun. 27th - Jul. 1st (F.R.O.G.) 8AM-12PM Aug. 1st - Aug. 5th (Hidden Treasures) 8AM-12PM

SRE REGISTRATION FOR 2022-2023

Registration for FHC Y1 & Y2 R.C.I.A/ Adult FHC/ Adult Confirmation will take place after morning Masses. Please Contact DRE, Nivita Brito,



for more information at nivita007@st-anastasia.org

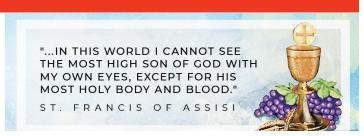
KIDS CORNER - READ THE GOSPEL & COLOR



Everyone in class heard the priest tell the story about the loaves and fishes. The priest asked, "Does anyone have food to share?" Little Leoni said, "I have five pizzas and two gallons of tea." The teacher gave everyone a piece of pizza and a cup of tea. When they were full, everyone was amazed. There was one piece of pizza and a little tea left. They gave thanks to God.

PRAYER Lord, thank you for the food you give me to eat. MISSION FOR THE WEEK I will share all of my food with my family and friends.

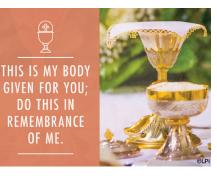
THE MOST HOLY BODY AND BLOOD OF CHRIST



RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Have you ever paid attention to the purification of the sacred vessels after Holy Communion? If you haven't, I highly recommend doing so this Sunday. See the care with which the priest handles the chalice and the paten, pouring water into them to cleanse any loose particles of the Body and Blood of Christ. Observe the loving reverence he uses in wiping them dry with a special purificator. It's a ritual unto itself, and a powerful moment for reflection.

These vessels begin as earthly objects. They are made by human hands. There is nothing special about them not until they go about the work for which they have



been created. Until they contain the Body and Blood of Christ, they are only ordinary objects. But after they have carried within them the Eucharist, they are never the same. They will always be special and deserving of special care.

That's why partaking of the Eucharist is, for us, an evangelical undertaking. It is both a transformation and a declaration. When we accept this tremendous gift, we are proclaiming what we believe, and we are accepting the grace to follow through on that commitment.

When we are receiving the Eucharist, it is not possible for us to be passive. We become the vessel. We carry Christ into the world with us.

But do we act like it? Do we treat ourselves — our bodies, our souls — with the same respect as the priest cleansing the chalice? Do we treat one another with the reverence we would reserve for a sacred object? When we look at another person with anger or irritation or envy, do we acknowledge the change that we have willingly undergone by receiving Christ's Body and Blood into ourselves?

- Tracy Earl Welliver, MTS

Parish Life & School

CALLED TO RENEW CAPITAL CAMPAIGN

Parish Goal: \$1,245,000



Your participation in this campaign has been a representation of outstanding stewardship and a commitment to giving of yourself for others. St. Anastasia thanks all families who took the time to discern

the goals of this campaign, and those who gave their financial support in any amount.

We have reached the end of this very successful effort in the Los Angeles Archdiocese's Called to Renew campaign. We look forward to sharing the progress on the projects already underway and those that will be funded, thanks to your pledges.

BLESSING FOR FATHERS - HAPPY FATHER'S DAY

God and Father of all creation, we come before you today with humble hearts. You are our model of a loving father. When we fail and fall short of your expectations, you are always there at the end of the day with open arms, ready to heal the cuts and scrapes of the day and to encourage us to try again and not to give up.

We hold up these men in our midst who act in the world as fathers to their children or models of fathers for others.

Bless them in their moments of doubt and frustration with their children. Give them warm and open hearts to forgive failures. Provide them with the words needed for encouragement and perseverance. We ask all this in the name of Jesus.



BOUCH SPORTS @ ST. A'S

Bouch Sports Camp will be offered at St. Anastasia School campus during the month of July for grades 1-8. The multi-sports camp led by one of our parishioners is open to our whole community and will provide a safe and fun environment for children to focus on physical health, while developing coordination through drills, games and activities. Camp will be structured as follows: lunch time (lunch not included), general fitness, speed and agility drills, sports, free play and

other fun activities.

Where: St. Anastasia School Campus/Field

When: July 5th -29th

Days: Monday- Friday (excluding July 4th)



Cost: \$400 Week per child

* Sibling Discount Price \$350 per sibling ** Drop in Day price \$100 a day per child

Contact Chris Bouch with any questions at (310) 713-1557

Register online - https://bit.ly/bouchsports

ST. ANASTASIA PARISH & SCHOOL IS HIRING

Director of Mission Advancement -

St. Anastasia Catholic Community is looking for a trailblazer to work closely with the Pastor and Principal of St. Anastasia. The Director of Mission Advancement will help further the Development



goals of the Parish and the School in line with our Pastoral Vision. This individual is responsible for developing a comprehensive development program including annual giving, major gifts, planned giving, foundations and grants, sponsorships, events, and constituent relations (parents, grandparents, alumni and friends). During capital campaigns, will serve as Campaign Director to the Parish, managing dayto-day operations of the campaign and staffing the Campaign Committee.

Please send cover letter and resumé to Fr. Leszek Semik at lsemik@st-anastasia.org and Principal, Angelica Krestin, at akrestin@st-anastasia.org



Beyond Our Parish

DID YOU KNOW?

June 18-19 || Open lines of communication are critical to child safety

A predator often works within a culture of silence to isolate and abuse children. When parents and other trusted adults fail

to see the warning signs of abuse, silence can cause deep harm to young victims. Sometimes, an adult who is willing to simply listen without judgment or disbelief can save a child from abuse. Communication and listening can be lifesaving. For more information, read the VIRTUS® article "Our Kitchen Table: Keeping an Open Dialogue about Sexual Abuse" at lacatholics.org/did-you-know/

REGISTRATION &

RE-CERTIFICATION

Online

VIRTUS®

National Catholic Risk Retention Group

PRO-LIFE ARTICLES WRITER

Pro-Life Articles is in need of several Volunteers. Requires approximately two hours per month. Volunteers needed to work with Excel Spread Sheets

Contact Martin Reiser Reiser33@gmail.com

CHRISTUS MINISTRIES

Are you looking to get away to reflect on your personal relationships and their meanings, or encounter God's love in a whole new way? Join other young adults in SoCal from **June 23rd-26**th for #Caritas to discover #Love anew.

Learn more and register here: CaritasRetreat.org





PAULINE CENTER FOR MEDIA





egister online at: bemediamindful.org/filmretrea 3908 Sepulveda Blvd, Culver City, CA 90230 10 bemediamindful.org

pcms@paulinemedia.com

WHAT IS YOUR SPIRITUAL PATH?

WHAT IS OUR SPIRITUAL PATH? WALKING THE TRAIL THROUGH COVID

SPONSORED BY THE SEPARATED, DIVORCED AND WIDOWED MINISTRY OFFICE OF MARRIAGE AND FAMILY LIFE ARCHDIOCESE OF LOS ANGELES

Each of us has our own faith journey with unique experiences, but by now, COVID has become a part of everyone's faith walk. For some, this time has been a very hard trek; for others, an inconvenient detour; and for others, it has been a life-giving Camino. Let's take a moment to pause with God along our spiritual path. We'll reflect on what we've already trekked through with COVID, accept the gifts of where we are on the path right now, and prepare ourselves to be open to the surprises God has waiting for us on the trail ahead!

Event includes: Tour of the Cathedral, Mass, Lunch & Presentation Celebrant: Reverend Steve Davoren Pastor of St. Mel's Parish, Woodland Hills

> Presenter: Christine Gerety PhD Associate Director of Outreach and Pastoral Care at St. Monica Parish. Santa Monica



Cathedral of Our Lady of the Angels 555 West Temple Street Conference Room #6 Los Angeles, CA 90012

> Saturday, July 16, 2022 Registration: 8:45 to 9:15am Event: 9:30 am to 3:30 pm

Cost \$30.00 (Includes Lunch & Materials) \$10.00 Parking (<u>not included</u>)

RSVP by July 12, 2022 (Space is limited)





St. Anastasia Online Giving

Scan the QR code below to donate online with Our Sunday Visitor



Login information Thank you for your continued support

ST. ANASTASIA CATHOLIC CHURCH

PARISH LIFE MINISTRIES

Arrangements....670-2243

Sue McLaughlin &

Prayer Group

Rosary Ministry

Respect Life

Young Adult Ministry

Companions on the Journey

Lidia Vinci......670-2243

Nancy Albin......927-8891

Lori Mountain......502-9105

Rose De Leonardis......645-7175

Ben Oakley......670-2771

Teressa Syta.....670-0285

Ken Lance......670-2243 Homeless Weekend Program/

Parish Office......670-2243

Mary Agnes Erlandson....672-2208 Senobia Nelson......291-3047

Cindy Begazo......306-9390

Bundles for Babies & Dianer

Safe Guard the Children

St. Robert's Center

St. Margaret's Center

Catholic Charities

Funeral

ST. ANASTASIA CATHOLIC CHURCH 7390 W. Manchester Avenue Los Angeles, CA 90045 310-670-2243 Office 310-670-5052 Fax Website: www.St-Anastasia.org Email: parish@st-anastasia.org

ST. ANASTASIA CATHOLIC SCHOOL 8631 S. Stanmoor Drive Los Angeles, CA 90045 310-645-8816 Office



PASTORAL TEAM

				Bundles for Bables & Diaper
PARISH ORGANIZATIONS		Pastor:	Fr. Leszek J. Semik	Drive
Parich Finance Council	David Mora670-2243	Associate Pastor:	Fr. Innocent Nzewuji	Teressa Syta670-0285
	Christopher Kaczor670-2243		Msgr. Gregory A. Cox	Nurses Ministry
Site Committee:	Stefan Politz	Deacon:	Jose "Joe" Viola	Linda S. Absher645-6136
Men's Club:	Chris Turkmany200-8021	Business Manager:	Fred Balsz	Angie Tolentino351-6137
		Parish Secretary	Nora Jayne Mallen	Men's Morning Hour
Arts and Education:	Andy Kozlowski670-3152	Parish Office Assistants:	Theresa Reilly	
LITURGICAL MINISTRIES		Director of Religious Education:	Nivita Aldrete-Brito	MOMS Ministry
Ministry of the Eucharist	:: Linda Schmidt397-5691		Kate Comstock	Maria Reilly
		Confirmation/ Bulletin Editor:	Dianalee Dupree	Bible Study
Ministry of the Word:	Carl Pentis649-4238		Angelica Krestin	Carolyn Godlewski
Ministry of Music:	Antoinette Luxford.338-1140 Kate Comstock670-2243		Louise Lance	Email: ScriptureStudyStA@gmail.com
	MusicMinistry@st-anastasia.org		Linda Schmidt	Social Ministry
To Volunteer as an Ushe	r: Parish Office670-2243		Pauline Diaz	Laurette Bibeau670-2488
	Sr. Teresita216-2001	Campus Safety:	Ken Lance	Family Visitation Ministry
Altar Care:		Maintenance:	Erik Melchor	Sr. Teresita
Altar Server Committee:	Herb Masi	Consultative School Board:	Dianalee Dupree	51.10-2001
	Waly Faquili	PTO-Parent Teacher Organization:	Vickie Farmer	
INTERESTED IN	BECOMING A PRIEST	ADESTE (After School Program):	Ofelia Jimenez	
OR IN RELIGIOUS LIFE?				
Call the Office for Vocations		J.S.Paluch		
213-637-7248		Advertising (Bulletin Ads-Back cover)		
www.la-archdiocese.org/org/vocations		(800) 231-0805		